

# Delta 10X Back Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

## INDICATIONS

The Delta 10X back brace provides stability and support for chronic sprains and strains of the lower spine, spinal stenosis, and post-surgery support. Effective in providing compression and support to the lower spine, helping to prevent further injury.

## CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

## PREPARATION

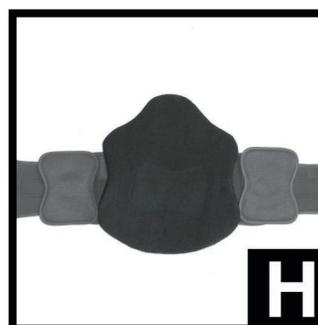
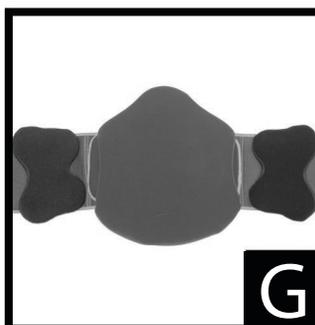
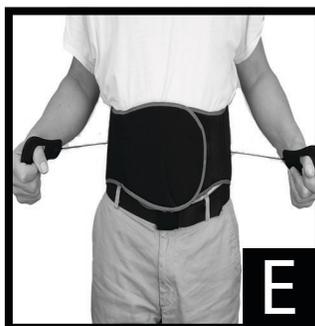
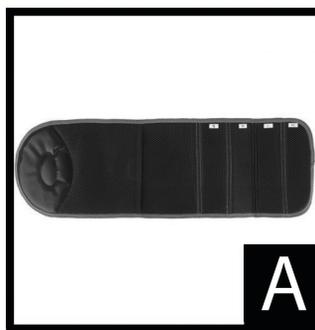
1. The Delta 10X back brace is a "one size fits all" brace, and comes set standard at size large. To adjust to a smaller or larger size, detach both sides of the belt from the posterior panel, fold or cut the belt to the desired size tab, and re-attach to the posterior panel via the Velcro provided. (Fig. A)

## APPLICATION

1. Place the brace so that the back panel is centered on your spine just above the waist, making sure the Comfortland logo on the back panel is facing up. (Fig. B)
2. While keeping the back panel centered, wrap the side panel around your abdomen. (Fig. C)
3. With the left panel held tight to your abdomen, wrap the right side panel around and secure it to the left side panel. Check to see that the back panel is still centered on your spine and adjust if needed. (Fig. D)
4. Grab the compression straps using the thumb loops and simultaneously pull the compression straps away from your body until the desired level of compression is achieved. (Fig. E)
5. Keeping the compression straps tight, bring each strap around and secure to the front of the brace. When properly applied, the brace should resemble the photo below. For maximum compression, lie on a flat surface once the brace is secured and re-adjust the compression straps. (Fig. F)

The Delta 10X comes with the option to apply side panels for added support and compression. Once the Delta 10X has been fit, if more compression is desired, simply remove the brace, lay it on a flat surface with the inside facing up, and apply the side panels to the belt portion of the brace, on either side of the back panel. (Fig. G)

The Delta 10X comes with a removable 15" back panel. This panel is easily removed via the Velcro provided, and can be added or taken away to customize each individual patient's level of support. (Fig. H)



## CLEANING INSTRUCTIONS

Hand wash using cold water and mild detergent. Air dry. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

Comfortland Medical  
709 AO Smith Rd.  
Mebane, NC 27302  
T 866.277.3135 | F 866.277.4412  
www.comfortlandmed.com