

Post-Op Transition Hinged Knee Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Post-Op Transition hinged knee brace provides stability and support for chronic knee pains and instability. Effective in treating moderate to severe injuries of the collateral ligaments, menisci, and patellar retinaculum.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

PREPARATION

1. Begin by loosening each Velcro closure strap on the exterior frame of the brace and remove the 4 sleeve cushions. Using the telescoping mechanism on the outer frame, adjust the brace so that the height is congruent with the leg the brace will be applied to (Fig. A)

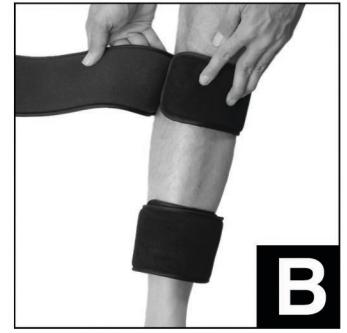
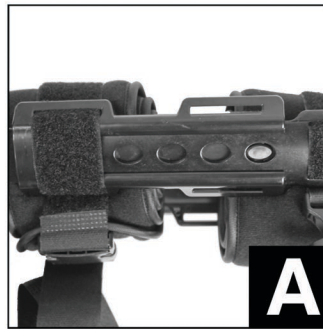
APPLICATION

1. Starting at the ankle, wrap each of the sleeve cushions around the leg approximately where the closure straps will fall on the leg and secure via the Velcro provided. These cushions will possibly need to be adjusted once the outer frame is applied (Fig. B).

2. Adjust the straps on the frame so that it fits around the leg and align so that the hinges on the frame are centered on either side of the knee. Starting at the ankle, fasten each closure strap so that the frame fits snug around the leg. Adjust the cushions so that they fall directly under each closure strap (Fig. C).

3. Continue to work up the leg, fastening each closure strap for a snug fit while making sure that the hinges still align properly with the knee. Tighten and re-adjust as needed for a secure fit (Fig. D).

4. Adjust the range of motion hinge on each side of the knee to the desired flexion/extension by pulling up on the locking mechanism and dragging to the desired degree level. The hinge will only properly function once the locking mechanism is secured in the appropriate slot for the desired degree level (Fig. E).



CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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