

65-971 Saga Ankle Brace Instructions

Before using this device please read the following instructions completely and carefully, and also carefully follow any instructions given by your physician. Correct use is vital to the proper functioning of this device.

Indications:

- Tibialis tendonitis
- Ankle instability, sprains and strains
- Pain in foot
- Osteoarthritis
- Non-traumatic tendon ruptures

Instructions:

For best fit and comfort wear taller socks.

1. Remove brace from packaging. Loosen all three straps and place foot in brace. Tighten and adjust middle strap while holding brace to ensure proper placement. Picture A
2. Adjust and secure bottom strap. Picture B
3. Adjust and secure top strap. Picture C
4. Top posterior panel may be removed for cleaning, storage, or heat molding by pressing in tabs as shown on both sides. Picture D

Break-In Period:

Similar to new shoes, new ankle braces often require a break-in period and should fit more comfortably after a few uses.

CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Air dry only. Do not dry clean, iron, or bleach, as it could cause damage and void the manufacturer's warranty.



Heat Molding:

Warning Do not place hot brace against skin just after heating. Do not exceed recommended time and heating temperature. Use only a regular hair dryer or infrared oven to heat the Saga.

Detach upper panel of Saga brace prior to heat molding. Heat mold bottom portion and footplate only. If using infrared oven heat the brace between 130-149 degrees Fahrenheit/54-65 degrees Celsius for 3 minutes. If using hair dryer place on safe surface and heat brace for 3 minutes. Allow brace to cool for at least 20-30 seconds before handling brace or placing on patient. Always have patient wear taller sock.