# Comfortland Sling and Swathe

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

### **INDICATIONS**

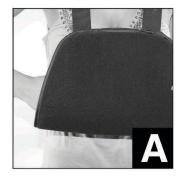
The Comfortland Sling and Swathe provides stability and immobilization for rotator cuff repairs, capsular shifts, Bankhart repairs, soft tissue strains and repairs, glenohumeral dislocation/subluxation, and chronic shoulder instabilities.

### **CAUTION**

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

# **APPLICATION**

- 1. Begin by placing the injured arm inside the sling, and draping each of the support straps over the shoulder. The injured arm and sling should rest c omfortably in front of the patient's body (Fig. A).
- 2. Wrap each closure strap around the back, under the arm, and attach to the bottom of the sling via the Velcro provided (Fig. B). If properly applied, the straps should make an "x" pattern across the back (Fig. C). Adjust the strap length just under the Velcro fasteners (if needed) so that the sling carries the full weight of the arm.
- 3. Take the Swathe and attach one end to the front of the sling using the Velcro provided (Fig. D)
- 4. Wrap the swathe around the body, and attach to itself using the Velcro provided (Fig. E).











## **CLEANING INSTRUCTIONS**

Hand wash using cold water and mild detergent. Air dry. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

> Comfortland Medical, Inc. 709 AO Smith Rd. Mebane, NC 27302 T 866.277.3135 | F 866.277.4412 www.comfortlandmed.com