# Premium Wrist Thumb Splint

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

# **INDICATIONS**

The Premium wrist thumb splint provides stability and support for carpal tunnel syndrome, tendinitis, and mild sprains of the wrist. Effective in the healing of soft tissue injuries.

# CAUTION

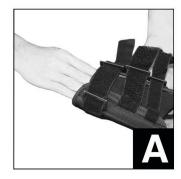
The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

# **PREPARATION**

1. Loosen all closure straps located on the top of the wrist/thumb support as well as the closure strap for the thumb spica.

## **APPLICATION**

- 1. Slip the wrist support onto the hand similar to putting on a glove. The d-rings and closure straps should be facing up, and the palmar stay, located on the bottom of the support, should stop just before the crease of the palm. (Fig. A)
- 2. Starting with the strap furthest from the wrist, feed each closure strap through the corresponding d-ring closure and secure so that a snug fit is achieved. (Fig. B)
- 3. Continue working down the support, securing each closure strap while making sure the wrist support still remains properly aligned. Once each strap has been secured, the straps can be trimmed down if needed for a better fit. (Fig. C)
- 4. Gently wrap the closure strap for the thumb spica around the thumb and secure to the Velcro provided for full thumb immobilization. (Fig. D)









**CLEANING INSTRUCTIONS** 

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

Comfortland Medical, Inc. 709 AO Smith Rd. Mebane, NC 27302 T 866.277.3135 | F 866.277.4412 www.comfortlandmed.com