

Tour Ankle Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Tour ankle brace provides stability and support for chronic ankle sprains, ankle instability, and syndesmosis sprains. Effective in the healing of ankle fractures and patient ambulation.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

APPLICATION

1. Begin by opening all closure straps and loosening all laces. Place your foot in the brace as you would a sock (Fig. A).
2. Tighten and secure the laces as you would tie a shoe, making sure the brace fits snug (Fig. B).
3. Take the right figure 8 strap and wrap it over the top of the foot, under the arch, and attach to the velcro strip on the side of the ankle (Fig. C).
4. Repeat step 3 with the left figure 8 strap. Make sure both straps are tight and that the brace fits snug. Re-adjust if needed (Fig. D).
5. Wrap the top closure strap around the top of the ankle and secure. If properly applied, the Tour ankle brace should resemble the photo below (Fig. E).



CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.