

Comfort PF Strap

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The comfort PF strap provides support and dorsi-flexion for those suffering from plantar fasciitis as well as heel spurs. It is perfect for wear during the day or while performing activities.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

PREPARATION

1) Remove the dorsi-flexion strap from the ankle cuff of the PF strap. Open the Velcro closures on the ankle cuff.

APPLICATION

- 1) While seated, place the ankle cuff just over the foot so that it aligns with the posterior region of the leg. (Fig. A)
- 2) Pull the ankle cuff tight around the leg so that a snug fit is achieved. (Fig. B)
- 3) Fasten both of the Velcro front closures so that the ankle cuff fits snug, making sure it is still properly aligned. (Fig. C)
- 4) Place the dorsi-flexion strap under the foot, just in front of the heel and gently pull until tension is felt on the plantar-fascia (Fig. D) and attach the strap to each side of the ankle cuff using the velcro tabs on each end of the dorsi-flexion strap. (Fig. E)

CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.



Comfortland Medical, Inc.
709 AO Smith Rd.
Mebane, NC 27302
T 866.277.3135 | F 866.277.4412
www.comfortlandmed.com