

Motion Ankle Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Motion ankle brace provides stability and support for chronic ankle sprains, ankle instability, and syndesmosis sprains. Effective in the healing of ankle fractures and aiding in patient ambulation.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

PREPARATION

1. Begin by loosening all straps and opening the brace so that the laces face outward (Fig. A).

APPLICATION

1. While holding the tongue forward, place the brace over the foot and adjust so that the supports on either side of the brace align with the sides of the ankle (Fig. B).

2. While keeping the brace aligned, fasten the rear closure and make sure that the heel rests in the space provided (Fig. C).

3. Pull the top quick-lace tight and secure to the rear of the brace using the velcro provided. Make sure that the brace is still properly aligned and adjust as needed (Fig. D).

4. Simultaneously Pull the bottom quick-laces tight and secure to the rear of the brace (Fig. E).



CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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